

SPRING SESSION 2019 Enrichment Club Program (ECP)

AFTER SCHOOL SPRING CLUBS BEGIN LATE MARCH/EARLY APRIL. STARTING WEEK, NUMBER OF CLASSES AND FEES VARIES BY CLUB. PLEASE SEE CLUB DESCRIPTIONS FOR MORE DETAILS FOR EACH ACTIVITY.

REGISTRATION DUE: Tuesday, March 5, 2019

Greene Street Friends School is excited to offer after school enrichment clubs...

Starting this year, in addition to our on-going daily After School Program, GSFS launched an Enrichment Club Program. This program is offering a wide assortment of enrichment clubs for students to participate in during after school hours. Clubs are taught by experts and leading organizations in each field.

With the upcoming <u>SPRING SESSION</u>, we have new offerings, along with returning favorites. We also have expanded the grades that can participate in some of our returning favorites.

Clubs meet once a week. Due to the completion dates for our Winter Clubs, clubs will have varying start weeks, number of classes and costs. Please see the club descriptions for the specifics for each activity.

Enrollment Procedures

Enrollment will be on a first come first serve basis. **Spring Session registration forms are due by, Tuesday, March 5, 2019**. **Club fees are due with the registration form.** Each club has a minimum number of students needed for the club to proceed and a maximum number that can participate. You will be notified at least one week before the club is scheduled to begin that your child will be participating. If your child is not enrolled, your check will be returned to you. Any questions can be directed to Amy Fiske at <u>afiske@greenestreetfriends.org</u>.

Club Schedule

Clubs will not run on half-days or days when Greene Street Friends School is closed. The number of classes has been determined based on the number of full days of GSFS that the class has to meet before the end of the school year.

Use of After School Program on Club Days

As noted in the club descriptions, clubs will have a start time of either 3:15 or 3:30. There will be no charge for students to come to ASP before the start of a club. Students who are not picked up when the club is finished will be brought to ASP. Families will be charged the 4PM pick-up rate (\$9.50) for any time that their students are at ASP from the end of the club until they are picked up by 6PM. Please keep in mind that ASP ends at 6PM and all students must be picked up by this time. After 6PM, the \$1 a minute rate applies.

2019 Spring Clubs - Program Descriptions, Days and Times and Fees

SPORTS

Give and Go Basketball (New and Returning Students) 2nd - 4th Grade 8 classes \$200 (\$120 for ASP Contract Students) Wednesday, 3:15 to 4:15; April 3 through June 5, 2019 (No basketball week of April 15)

Kindergarten through 1st (Pre-K students can be added, if especially interested.) 9 classes \$225 (\$135 for ASP Contract Students) Fridays, 3:15 to 4:15; March 15 through May 31, 2019 (No basketball week of April 15) Minimum: 10 /Maximum 15

Give and Go Basketball will focus on fundamentals and skill development for the first 2/3 of the Spring Session. During the final weeks, students will play games against one another. Each class will begin with a check-in with teammates, building the group dynamic, and a review of the theme and skill set for the day. Skill sets will combine large group lessons and dividing into smaller groups to practice the skills in stations. Activities are led in our NEW GYM!

Meet Our Coach:

Minimum: 10 /Maximum 20

Andre K. Wright, Co-Founder and Executive Director of Give and Go Athletics, has worked with children for over 15 years as a counselor, mentor, and athletic coach and was an inspirational college level player in his well-rounded and long term achievement. His drive to coach and mentor youth grew from a lifelong love of basketball and principled fundamental skill development. As a youth player, Andre's dedication to fundamentals and leadership earned him the McDonalds All-American nomination in 1997 and became the recipient of the Markward award for athletic excellence in the same year. After graduating from Benjamin Franklin High School, Andre played for legendary coach Larry Conti at Community College of Philadelphia before transfering to Neumann College. While playing for Neumann, Andre earned recognition as a P.A.C. 1st Team All-Conference selection (2005, 2006) and became Neumann College's Basketball Team Captain (2005, 2006). Andre also was coach nominated as the team's MVP in both 2005 and 2006, as he finished with 1,260 career points placing him at 8th all-time at Neumann. After College, Andre served at Stan Jones Prep High School as head coach and instituted mandatory study halls for players. Andre was fortunate to lead Stan Jones Prep students to three championship contending seasons. Andre is proud Give and Go Wright Athletics has been successful enough to run as a full time venture; supporting a membership of over 120 students, providing workouts and clinics to students ages 5-17 as well as summer camps and youth events throughout the year.

Give and Go is an organization that encourages the community to providing a positive ecosystem consisting of parents, mentors, educators, and peer associations is an effective strategy in reducing risky behaviors in the Philadelphia community. This uplifting ecosystem needs to extend beyond the formal school day, including positive mentoring and social interactions in a safe place after school. Mentoring must also include explicitly teaching students strategies for coping with and reducing stress. Give and Go basketball program seeks to build on children's physical skills and teach them fundamentals and teamwork.

Soccer Stars (New and Returning Students)

2nd - 4th Grade 8 classes \$200 (\$120 for ASP Contract Students) Mondays, 3:15 to 4:15; April 8 through June 3, 2019 Minimum: 6 /Maximum: 10

PreKindergarten through 1st Grade 9 classes \$225 (\$135 for ASP Contract Students) Wednesday, 3:15 to 4:15; April 3 to June 5, 2019 Minimum: 6 /Maximum: 8

The classes kick off with stimulating warm-up games followed by a muscle-warming stretch to get everyone ready for action. The bulk of each class focuses on skill-building activities and games. Individual, partner, and group activities are then introduced to optimize the experience for each child. Every session culminates in a scrimmage game (adapted variations for younger age groups) to familiarize each child with the structure of a game setting, while always encouraging our young kickers with positive reinforcement.

What is Soccer Stars:

Soccer Stars was founded in 2000 by Gustavo Szulansky, a New York City father of three and native of Argentina. With futbol in his blood and having spent countless dollars searching for quality programs for his own children, he founded the program determined to build the best children's program anywhere. Super Soccer Stars uses the soccer ball as the vehicle to help children not only improve their soccer skills, but also develop self-confidence, improve gross motor skills, hone socialization skills and more in a fun, non-competitive, educational environment. Specially designed curriculum uses positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun. All Super Soccer Stars classes are based on an age-specific curriculum created by a combination of early childhood, soccer, and education specialists to guarantee that each child is learning and having a blast from the moment the whistle blows.

MOVEMENT

Cultures of Movement: Celebrating global diversity through culture and dance with Lehla Olson (New Programming) 2nd Grade and Up 8 classes \$200 (\$120 for ASP Contract Students)

Mondays, 3:15 to 4:15; April 8 through June 3, 2019 Minimum 8 /Maximum 12

Zumba is a fitness program created by Colombian dancer and choreographer Alberto "Beto" Perez s. It incorporates the movements from many cultures. Inspiration for Zumba can be found in soca, samba, merengue, mambo and hip-hop, Lehla will break down the the background of Zumba by teaching students the dances of a different contributing country/culture each week. Some of the Zumba flavors/genres will include Salsa/Reggaeto, Cumbia,African,Indian/Bollywood/Bhangra, Old School Hip Hop/Kpop/Jpop/Cpop and Country Western.

Lehla's background in Zumba:

Lehla's interest and experience in music and movement comes from her background in various band, choir and international dance ensembles and groups since her childhood. Specific to international dance and fitness, she attended her first Zumba® class in 2009 and was hooked by the international flavor that speaks through each song and genre. After becoming licensed to teach in 2011, she went on to obtain a primary group exercise instructor certification from the Aerobics and Fitness Association of America as well as specialty Zumba® programs including Toning, Sentao, Step, Gold, Aqua, and STRONG. She has also diversified her fitness portfolio to include POUND fitness, African-Caribbean Dance Fitness, as well as more traditional fitness programs. Her goal in any of her classes for adults or young people is to create a safe, effective and fun movement experience that draws upon musical styles and appreciation from around the world. From wherever their starting point may be, Lehla encourages participants to push themselves mentally, spiritually, and physically — with as much smiling as possible.

Hip Hop with Hip Hop Fundamentals (New and Returning Students)

2nd Grade and Up 10 classes \$250 (\$150 for ASP Contract Students) Tuesdays, 3:30 to 4:30; March 12 through May 21, 2019 Minimum 6 /Maximum 15

This program teach the dance basics of Breaking through drills, games, and team-building exercises. Students will create their own moves, learn Breaking foundation, and work in groups to begin the path of true Hip Hop Dance.

Meet our teacher:

Steve Believe graduated from Temple University with a Psychology Major, and is a certified Teaching Artist through Columbia University Teacher's college. A skilled dancer, lecturer, educator, and event organizer, Steve is passionate about empowering youth and the Hip Hop community. He is a founding partner of Hip Hop Fundamentals.

Hip Hop Fundamentals is an award-winning team of diverse professional Breakdancers dedicated to Hip Hop Education. They are the world's only Breakdance education company combining academic and social content with the world's most dynamic dance form. As certified teaching artists, seasoned performers, and battle-tested dancers, we are passionately driven to inspire audiences and participants of all ages. They've worked with schools, community sites, cultural/social organizations, museums, educational conferences and government agencies to bring their unique method of Breaking education to youth and adults.

Note: Students will get to see Steve Lunger, and his dance company, Hip Hop Fundamentals, perform for a morning assembly for the entire school on February 28 in honor of Black History Month.

Yoga Club (New and Returning Students)

PreKindergarten through 1st Grade 5 week Mini-Session \$125 (\$75 for ASP-Contract Students) Thursdays, 3:15 to 4:15; April 4 through May 9, 2019 Minimum: 6 /Maximum:10

This class will consist of music, movement, and mindfulness. Each week will have a different theme that will serve as the backdrop for our adventure. Club members will have the opportunity to co-create journeys to unlock greater awareness of their bodies, refine their hand-eye coordination, and gain a deeper understanding of their emotions. We will learn yoga postures, exercise our imaginations, and explore guided meditations. All this and more, while having a super fun time!

Meet our teacher:

LaVina has been practicing yoga since 2015 and has experienced a deep and positive transformation through the practice. She previously taught adult classes but found it transformative when she began teaching parent-child music, movement, and mindfulness classes through the Children's Music Express based out of Chestnut Hill. This inspired an entirely new realm of possibilities leading right into yoga for KIDS. She became 25hr RCYS certified and is excited to bring this opportunity to our young students.

STEAM CLUBS

Woodworking with Sherina Poorman and The Center for Creative Works (New Programming)

2nd Grade and Up 8 classes \$200 (\$120 for ASP Contract Students) Tuesdays, 3:15 to 4:15 (end time later on travel days); April 9 through May 28, 2019 Minimum 4 /Maximum 8

What this is about:

"Recent decades have seen woodworking and carpentry studies mostly disappear from education programs for kids..."

To remedy that, enter the Build-It Bus. Woodworker and educator Sherina Poorman designed kid-safe adaptive tools that she has brought to schools and art fairs around Philly about eight years to teach basic carpentry to Philly kids.

But it's not just educational for kids: artists from the Center for Creative Works (CCW), a vocational/arts center for adults with intellectual/developmental disabilities (IDD), who are participating in the Center's Teacher Corps program, are serving as the Build-It Bus' teachers and showing students how to use the tools." Metro;By <u>Sam Newhouse;</u> Updated : February 28, 2018; https://www.metro.us/news/local-news/philadelphia/build-it-bus-brings-joy-woodworking-to-philly-schoolkids

Sherina Poorman and a participant from The Center for Creative Works will guide kids as they make walking sticks – from tree to finished staff. Students will harvest a fallen

tree at a local woods. They will peel and shape the branches using manual tools used by wood workers for centuries: shave horses, spoke shaves, card scrapers, mortice and tenon tools. Finally they will "spruce" up their sticks with clay heads and beaded straps. On the last day teachers and student will take our sticks out for a hike.

This club will include local travel. On the second day of class, students will leave campus to harvest the green wood. This class will be two hours, instead of one. The final day of class will include leaving campus for a hike with the walking sticks. Separate permission slips will be given to class participants for these activities.

Art and Nature with Moira Schwartz (New Offering)

Pre-K through 1st Grade 10 classes \$250 (\$150 for ASP Contract Students) Tuesdays, 3:30 to 4:30; March 12 through May 21, 2019 Minimum: 6 /Maximum:12

During the colder months artists will explore ways to create art inspired by nature in the studio, such as still life paintings and mixed media pieces. As the weather warms up we'll venture outside, explore the campus and tree lab. We'll create sculptures in nature and paint like the Impressionists, en plein air.

Look deep into nature and you will understand everything better. Albert Einstein

Build It/ Art with Moira Schwartz (New and Returning Students)

1st through 4th Grade 10 classes \$250 (\$150 for ASP Contract Students) Thursdays, 3:30 to 4:30; March 14 through May 30, 2019 Minimum: 6 /Maximum:12

Students will learn about abstract and realistic sculptures while investigating different building materials and textures. Students will also learn about the work of various sculptors. Studio projects will be mixed media.

Moira's background:

Moira earned a BFA in Textile Design and an Art Education Certification for K-12 Art from Moore College of Art and Design. She has taught inthe classroom, worked as a Museum Educator at the Philadelphia Museum of Art, Delaware Art Museum and other art centers for 11years. When I'm not teaching I love spending time with my family, listening to music, running in the Wissahickon and making my own art.

Snapology/Robotics (1st graders are invite to join in on the fun this session!)

1st through 4th Grade 10 classes \$250 (\$150 for ASP Contract Students) Thursdays, 3:15 to 4:15; March 14 through May 30, 2019 Minimum: 10 /Maximum:20

In Snapology LEGO® Robotics students will learn about gear ratio, sensors, simple machines and programming as they create some of their favorite motorized vehicles & animal inspired robotic models. Your child is sure to have a wild time as they build, learn and play.

Please follow Snapology on Facebook, Twitter & Instagram -> @SnapologyPhilly!

What is Snapology:

Snapology is a Pittsburgh-based company whose mission is to provide children an opportunity to engage in "playful learning" activities that will stimulate their creativity and spark an interest in learning. Many Snapology instructors are certified teachers.

Snapology programs are designed to combine fun with education. In their classes and workshops they use LEGO® bricks and other educational tools to teach children development skills and concepts of science.

Chess (New and Returning Students)

2nd - 4th Grade 8 classes \$200 (\$120 for ASP Contract Students) Mondays, 3:15 to 4:15; April 8 through June 3, 2019 Minimum: 6 /Max: 20

In this club, students are instructed in the Royal Game of Chess. Students learn about the chessboard, how pieces move & capture, the difference between check & checkmate, opening theory, middle game strategy, tactics, and endgame technics. Students engage in critical thinking, analysis, time management, and decision-making process. They are encouraged to compete in a local tournament.

Contact Amy at afiske@greenestreetfriends.org for instructor information.

BY POPULAR DEMAND

Magic (New Programming)

2nd and Up 9 classes \$225 (\$135 for ASP Contract Students) Wednesday, 3:15 to 4:15; April 3 to June 5, 2019 Minimum: 6 /Maximum: 12

Ari Felber's magic class will start teaching students amazing magic tricks that are learned quickly, easy to do and will astonish parents and siblings. Through the course students will learn tricks with cards, rubber bands, coins, mind reading tricks, ropes and much more!! The students will have tons of fun learning how to impress their friends and family (and not tell them the secrets!). Students will learn more challenging magic tricks as the course goes on. Everyone will get something very fun and impressive from this course! The program will end with a small show for ASP students. Parents are welcome to attend.

All about Ari Felber and his magic:

Ari has been doing magic since he was twelve years old. At that tender age while visiting Las Vegas his father noticed a magic shop and purchased a few tricks to practice with. He was instantly drawn to this art form and became obsessed with it and has been working at it ever since. He has now mastered numerous amounts of tricks and illusion techniques. By the time he was 22 years old he had entertained scores of

friends and acquaintances and because they all seemed to love it he decided to advertise himself and go public.

Ari is both a magician and a certified teacher. He was teaching in the Lower Merion School District while performing magic and leading magic classes in various locations including Springside/Chestnut Hill Academy. As his opportunities in magic grew, he moved to perform and teach magic full time.

Snacking with Narissa Bajjo (New Programming)

1st through 3rd Grade 10 classes \$250 (\$150 for ASP Contract Students) Thursdays, 3:30 to 4:30; March 14 through May 30, 2019 Minimum: 6 /Maximum:12

Do you ever feel like having an extra special snack after school- a yummy, tasty, fun- tomake snack? Would you like to learn how to make those snacks and enjoy them with our very own Greene Street teacher, Narissa? If you do, join the After- School Snackers! You can make cool snackslike Ants on a Log, Fruit and Cracker Pizzas or even Grinch Kabobs!

About Narissa:

Narissa is one of our 1st grade teachers. Previously, she has taught pre-kindergarten and kindergarten math and Spanish and worked as a dorm parent for boarding students at Westtown Lower School. After her time at Westtown, Narissa was an associate teacher in a second grade classroom at Wilmington Friends School before beginning her tenure at Lansdowne Friends School. There, she taught kindergarten and later had the unique experience of teaching first and second graders in a multi-grade classroom. Narissa is passionate about teaching and Friends Education. She is a member of Chestnut Hill Friends Meeting and serves on the Board of Haddonfield Friends School. She enjoys repurposing furniture and woodworking, knitting and sewing, and gardening and reading aloud. She is excited to spend time with your children creating and enjoying delicious snacks.

MUSIC

Cello with Annie Givler

1st and Up 10 classes \$250 (\$150 for ASP Contract Students) Fridays, 3:10 to 4:00 / 4:05 to 4:55 (Annie will place student with similar skills in class time slot); March 15 through May 31, 2019 Min: 2/ Max 20 per class Families will be required to rent a cello for their student.

Come one, come all! Now recruiting budding cellists for the new GREENE STREET FRIENDS CELLO SOCIETY! Specifically for 1st through 4th graders, students will have the opportunity to dip their feet in the waters of instrumental music study by learning the cello. Annie will host this club in the music room after school on Fridays from 3:30-4:15. Students will rent an

appropriately sized cello through Mt. Airy Violins and begin their studies. The session will conclude with a performance open to all.

Annie and her love of the cello:

Annie began playing cello at the age of 2 and holds two degrees in cello performance. She has taught and performed all over the world sharing stages with renowned artists from Yo-yo Ma to Kanye West. Annie is frequently contracted, both nationally and internationally, as a Suzuki cello clinician. She can't wait to share her passion for the cello with the Greene Street Community!

Ukulele Lessons (New and Returning Students)

2nd through 4th Grade
10 classes
\$250 (\$150 for ASP Contract Students)
Fridays, 3:30 to 4:30; March 15 through May 31, 2019
Minimum: 6 /Maximum:12
Families will be required to purchase a ukulele for their student. A list of preferred ukuleles will be provided win enrollment confirmation. Average cost: \$55.

These classes are taught as a group lesson with partnering activities. Topics covered include strumming and picking technique, chords and songs starting with one chord songs and progressing to 3 or 4 chord songs, learning to read tablature and playing melodies, as well as performance techniques while playing with others. New and returning students are encouraged to participate. Skills sets will be taught in groups based upon student's level. The session will conclude with a performance open to all.

As a first instrument, ukuleles teach kids about music and music theory. Through these ukulele lessons, a child learns about beat, harmony, melody, rhythm, and tempo. The ukulele also helps children develop eye-hand coordination as well as independent movement of fingers. If you have a child who wants to eventually learn the violin or guitar, starting with a ukulele often makes the process easier and less frustrating.

Meet our teacher:

Stephan Hayes started playing the guitar and writing songs at the age of 12. He has been a life-long musician, playing in several Philadelphia area bands, recording albums and touring the country. Stephan began teaching music while living in Guangzhou China. He spent 4 years as the Elementary Music teacher at an International School. During that time, he also began teaching private music lessons on the guitar, bass drums and ukulele. Stephan's experiences in China inspired him to continue teaching back in the USA. He now attends West Chester University's Music Education program and teaches private lessons through two area music studios. Stephan is passionate about making music fun, accessible, interesting and expressive for students of all ages.

Enrichment Club Program; Spring Session 2019 at Greene Street Friends School

I WOULD LIKE TO ENROLL THE FOLLOWING CHILD IN ENRICHMENT CLUB ACTIVITIES:

Child's Name: ______ Age: ____ DOB: _____ Grade: _____ Parent/Guardian Name: Phone Number: Best email(s) for information regarding enrollment status: I would like to enroll my child in the following classes. I understand that all club fees need to be submitted with this registration and that I will get confirmation of enrollment, at the latest, one week prior to the first class. (See descriptions for fees and start dates.) Give and Go Yoga Chess PreK - 1st Grade 2nd - 4th Grade Basketball Thurs, 3:15 to 4:15 Mon, 3:15 to 4:15 2nd - 4th Grade Wed, 3:15 to 4:15 5 classes 8 classes 8 classes Magic Woodworking K - 1st Grade Fri, 3:15 to 4:15 2nd - Up 2nd and Up Tues, 3:30 to 4:30 Wed, 3:15 to 4:15 9 classes 9 classes 8 classes Soccer Stars Snacking Art and Nature 2nd - 4th Grade 1st - 3rd Grade PreK - 1st Grade Mon, 3:15 to 4:15 Thurs, 3:30 to 4:30 Tues, 3:30 to 4:30 8 classes 10 classes 10 classes PreK - 1st Grade Wed. 3:15 to 4:15 Cello Build It 9 classes 1st - 4th Grade 1st - 4th Grade Fri, Time TBD Thurs, 3:30 to 4:30 Cultures of 10 classes 10 classes Movement 2nd and Up Ukulele Snapology 2nd - 4th Grade Mon, 3:15-4:15 1st - 4th Grade Fri, 3:30 to 4:30 8 classes Thurs, 3:15 to 4:15 10 classes 10 classes HIP HOP 2nd and Up Amount enclosed: Tues. 3:30 to 4:30 10 classes

I have read information sheet, as well as the payment and pick-up policies, and I agree to all terms. Please contact Amy at afiske@greenestreetfriends,org if you have questions about leeway with age ranges or suggestions for future clubs.

Parent/Guardian Signature

Date

PLEASE COMPLETE THIS PAGE IF YOU HAVE NOT ALREADY SUBMITTED THIS INFORMATION WITH AN ASP REGISTRATION FORM

Child's Name	٨٩٩		Grade
Child's Name	_Age	роб	Grade

Does your child have any allergies or medical concerns? If yes, please explain.

Will your child take any medications during The After School Program hours? If yes, please explain.

Does your child have any dietary restrictions? If yes, please explain.

Primary Emergency Contact between 3:00 p.m. and 6:00 p.m.

Name					
Relationship to Child					
Address					
Phone	Phone	_Email			
Second Emergency Contact between 3:00 p.m. and 6:00 p.m.					
Name					
Relationship to Child					
Address					
Phone	Phone	Email			

I authorize the following people to pick up my child from The After School Program. I understand these people will be expected to follow all The After School Program procedures. I also agree to notify the After School Program staff IN WRITING if my child is to be picked up by someone other than those listed below.

1.	Name	
	Address	
	Phone	
2.	Name	
	Address	
	Phone	Phone
3.	Name	
	Address	
	Phone	